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activity of the month by *marta*

### **GO INTO NATURE** (Entire Family)

Celebrate fall by taking the tots on long walks to see the changing leaves. Pick up and show babies all the different colored leaves you can find. Talk to them about the different colors. They love to see new colors & objects, and also feel new things. You can also take your tots to pick their own fruits and vegetables. It's a great way to buy great organic at a low price. Go to these websites to find local farms. Your kids will love the experience of being able to pick their own food.

[Local Harvest](#) [Pick Your Own](#)

### **Enjoy the foliage!**

tips of the month by *ferni*

### **SCHOOL IS STARTING & THE FLU STARTS RUNNING**

- Keep a box of anti-bacterial wipes next to your tot's carseat. Each time you put them in the car, wipe off those germ-y hands.
- Teach your kids to cover their mouths with their inner elbows, instead of their hands, if they cough or sneeze. This will help spread less germs.
- Wash those hands. Have hand-washing lessons with your little ones. Make sure they make lots of bubbles with the soap. The more bubbles, the less germs.
- Shopping cart (public high chair) covers may seem like a bulky nuisance, but babies learn with their mouths & love to lick and bite anything in site, especially when teething.

recipe of the month by *myo*

### **Perfect Back to School Apple Muffins**



Sweet treat for your tot's lunch box!  
Contributed by Myo's Gourmet.

For the full recipe, [visit our recipe section](#).

products of the month *by judi*

- Dental Wipes to keep teeth clean  
For Baby & Toddler Smiles



- Themed storybook adventures features storybook-themed gift sets, books, games, dolls, toys, costumes, and more.

For Boys & Girls

Journey Home Gift Set

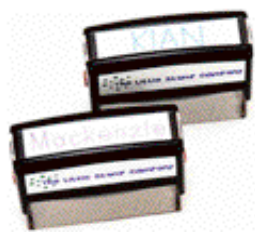


Price \$45.95

- Skip Hop Swipe Case  
Skip Hop



- Tots can learn to write/print their own name with this personalized stamp.  
Little Stamps



in other news

The Baby Mamas were featured on [The Skip Hop website.](#)

Stay tuned for our newest product, [The Mama Book: A Survival Guide from Bump to Tot!](#)

*Please visit us for*



*additional tips and special tips of the week!*



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